

# PIONEER TREK

## PERSONAL EQUIPMENT LIST

This list is provided to help you gather the gear you will need to be a successful pioneer. Because of the weight and space limitations of our handcart design and our attempt to create an authentic pioneer experience, you will be limited in the amount of gear you can bring. You will need the items listed here, but please don't bring anything else. We cannot take it with us.

### EVERYONE SHOULD BRING:

- 1 large flour sack or duffel bag for your gear (line it with one of the plastic garbage bags and come with all your gear inside)
- 1 warm sleeping bag (it gets cold in the mountains at night)
- an old blanket (wool, if possible)
- coat (heavy and warm)
- 1 rain poncho
- enough plastic to serve as a groundcloth and shelter from the rain
- 1 pair of tennis shoes (an old pair)
- 1 pair of shoes to hike in (don't buy new ones – they will give you blisters. Sturdy running or tennis shoes will work if you don't have hiking boots)
- 4 pair of sturdy socks
- 2 sets of underclothing\*
- 2 bandannas (necessary items)
- 1 pie plate and 1 large spoon
- 1 tin cup
- 1 small hand-towel and a comb or brush
- 1 toothbrush
- 5 bandaids and prescribed medication only
- an old set of scriptures or a church magazine
- 2 heavy-duty plastic garbage bags
- chapstick

### MEN SHOULD BRING:

- 2 pairs of wool or canvas pants\*
- 2 long sleeved shirts (flannel are best, but any will do)\*
- 1 western-style hat (no baseball or army hats allowed)
- 1 pair of suspenders
- 1 old tie (optional)

WOMEN SHOULD BRING:

- 2 mid-calf length, long sleeved dresses\*
- 1 (or 2) bonnets
- 1 pair of knee length bloomers (can be made out of old pajama bottoms or hospital pants)
- 1 apron
- 1 flannel nightgown
- feminine hygiene supplies

OPTIONAL ITEMS:

- 1 old suitcoat (men) or shawl (women) for Sunday wear
- camera
- personal journal and pen or pencil
- a pocket or sheath knife
- insect repellent and sunscreen (nothing with an SPF less than 10. SPF 30 or higher is recommended)
- a harmonica or other small musical instrument

\*Please arrive dressed in pioneer clothing. You will be wearing one set of clothing when you arrive, and the other set you will use for Sunday. Buy as much of your clothing as possible at second-hand stores such as Deseret Industries or local thrift stores. Don't wear good clothing that you wouldn't want to subject to heavy use.